



# 21 DAYS OF PRAYER & FASTING

*Prayers of Faith* | JAN. 5 - 25, 2026

## Scriptures & Reflections

**Day 1:** Faith that brings us close | Matthew 6:6-8, Hebrews 4:14-16

*Reflect: Faith prays quietly and confidently, rooted in relationship, assured of access, and anchored in grace.*

**Day 2:** Faith that finds God in the asking | Psalm 34:4-10

*Reflect: Faith seeks God first—and finds His presence, provision, and deliverance in the asking.*

**Day 3:** Faith that seeks to grow | Matthew 9:27-31

*Reflect: Faith grows as we move toward Jesus and trust Him more.*

**Day 4:** Faith that trusts God's healing presence | Ephesians 1:3-6

*Reflect: Faith trusts God's healing presence at work within us.*

**Day 5:** Faith that finds refuge in God | Psalm 91:1-4

*Reflect: Faith rests securely in God's shelter and care.*

**Day 6:** Faith that welcomes the victorious King | 1 John 5:4-5; 14-15

*Reflect: Faith welcomes Christ's victory and prays with confident assurance.*

**Day 7:** Faith that won't give up | Luke 18:1-8

*Reflect: Faith keeps praying and trusting, refusing to lose heart.*

**Day 8:** Faith that strengthens others | John 17:20-23, Luke 22:24-32

*Reflect: Faith strengthens others by praying, loving, and standing together in unity.*

**Day 9:** Faith that expresses itself through love | Galatians 5:4-6; 13-15

*Reflect: Faith comes alive through love that serves and builds others.*

**Day 10:** Faith that moves to action | James 2:14-17

*Reflect: Faith proves itself by stepping into loving, obedient action.*

**Day 11:** Faith that fulfills its God-given purpose | Romans 12:3-8

*Reflect: Faith fulfills its purpose when we humbly use our gifts to serve God and one another.*

**Day 12:** Faith that leaves a legacy | 1 Corinthians 12:8-13, 2 Timothy 3:10-17, 2 Timothy 2:1-7

*Reflect: Faith leaves a legacy by faithfully passing truth and strength to others.*

**Day 13:** Faith that acts as a shield and banner | Ephesians 6:10-17

*Reflect: Faith stands firm, shielded by God's strength and victory.*

**Day 14:** Faith that inspires | 1 Timothy 4:8-12, Romans 1:16-17, 2 Timothy 1:3-8

*Reflect: Faith inspires bold living, steady growth, and courageous witness.*

**Day 15:** Faith that is sure of the future | Romans 8:22-25, Revelation 21:1-7

*Reflect: Faith waits with hope, certain that God's future is secure and glorious.*

**Day 16:** Faith that empowers others | Romans 15:1-7, Mark 2:1-5

*Reflect: Faith lifts others up, carrying them toward healing and hope.*

**Day 17:** Faith that has an impact on the kingdom | John 14:10-14, Matthew 17:14

*Reflect: Faith advances God's kingdom by trusting His power at work through us.*

**Day 18:** Faith that heals and lifts | James 5:15-16

*Reflect: Faith brings healing and restoration as we pray, confess, and lift one another up.*

**Day 19:** Faith that overcomes the enemy | 1 Peter 1:3-9

*Reflect: Faith overcomes the enemy by holding fast to a living hope, even through our trials.*

**Day 20:** Faith that suffers well | Psalm 126

*Reflect: Faith that suffers well sows tears in trust, believing God will turn them into joy.*

**Day 21:** Faith that endures | Hebrews 12:1-3

*Reflect: Faith endures by fixing our eyes on Jesus and pressing forward with hope.*

## *Why do we Fast and what is Biblical Fasting?*

We fast to draw closer to God, seek answers from Him, pray for others, and experience breakthrough in difficult situations. Ezra 8:21+23, Ezekiel 22:30, Isaiah 58:6-8

Biblical fasting is a deliberate setting aside of food to seek God with humility and focus. It quiets the soul and opens space for deeper intimacy with Him. When joined with prayer, fasting becomes a powerful invitation into God's presence, aligning our hearts with His divine will. Psalm 35:13, Matthew 23:12