



21 DAYS OF PRAYER & FASTING

Prayers of Faith | JAN. 5 - 25, 2026

Scriptures & Reflections

Day 1: Faith that brings us close | Matthew 6:6-8, Hebrews 4:14-16

Reflect: Faith prays quietly and confidently, rooted in relationship, assured of access, and anchored in grace.

Day 2: Faith that finds God in the asking | Psalm 34:4-10

Reflect: Faith seeks God first—and finds His presence, provision, and deliverance in the asking.

Day 3: Faith that seeks to grow | Matthew 9:27-31

Reflect: Faith grows as we move toward Jesus and trust Him more.

Day 4: Faith that trusts God's healing presence | Ephesians 1:3-6

Reflect: Faith trusts God's healing presence at work within us.

Day 5: Faith that finds refuge in God | Psalm 91:1-4

Reflect: Faith rests securely in God's shelter and care.

Day 6: Faith that welcomes the victorious King | 1 John 5:4-5; 14-15

Reflect: Faith welcomes Christ's victory and prays with confident assurance.

Day 7: Faith that won't give up | Luke 18:1-8

Reflect: Faith keeps praying and trusting, refusing to lose heart.

Day 8: Faith that strengthens others | John 17:20-23, Luke 22:24-32

Reflect: Faith strengthens others by praying, loving, and standing together in unity.

Day 9: Faith that expresses itself through love | Galatians 5:4-6; 13-15

Reflect: Faith comes alive through love that serves and builds others.

Day 10: Faith that moves to action | James 2:14-17

Reflect: Faith proves itself by stepping into loving, obedient action.

Day 11: Faith that fulfills its God-given purpose | Romans 12:3-8

Reflect: Faith fulfills its purpose when we humbly use our gifts to serve God and one another.

Day 12: Faith that leaves a legacy | 1 Corinthians 12:8-13, 2 Timothy 3:10-17, 2 Timothy 2:1-7

Reflect: Faith leaves a legacy by faithfully passing truth and strength to others.

Day 13: Faith that acts as a shield and banner | Ephesians 6:10-17

Reflect: Faith stands firm, shielded by God's strength and victory.

Day 14: Faith that inspires | 1 Timothy 4:8-12, Romans 1:16-17, 2 Timothy 1:3-8

Reflect: Faith inspires bold living, steady growth, and courageous witness.

Day 15: Faith that is sure of the future | Romans 8:22-25, Revelation 21:1-7

Reflect: Faith waits with hope, certain that God's future is secure and glorious.

Day 16: Faith that empowers others | Romans 15:1-7, Mark 2:1-5

Reflect: Faith lifts others up, carrying them toward healing and hope.

Day 17: Faith that has an impact on the kingdom | John 14:10-14, Matthew 17:14

Reflect: Faith advances God's kingdom by trusting His power at work through us.

Day 18: Faith that heals and lifts | James 5:15-16

Reflect: Faith brings healing and restoration as we pray, confess, and lift one another up.

Day 19: Faith that overcomes the enemy | 1 Peter 1:3-9

Reflect: Faith overcomes the enemy by holding fast to a living hope, even through our trials.

Day 20: Faith that suffers well | Psalm 126

Reflect: Faith that suffers well sows tears in trust, believing God will turn them into joy.

Day 21: Faith that endures | Hebrews 12:1-3

Reflect: Faith endures by fixing our eyes on Jesus and pressing forward with hope.

Why do we Fast and what is Biblical Fasting?

We fast to draw closer to God, seek answers from Him, pray for others, and experience breakthrough in difficult situations. Ezra 8:21+23, Ezekiel 22:30, Isaiah 58:6-8

Biblical fasting is a deliberate setting aside of food to seek God with humility and focus. It quiets the soul and opens space for deeper intimacy with Him. When joined with prayer, fasting becomes a powerful invitation into God's presence, aligning our hearts with His divine will. Psalm 35:13, Matthew 23:12