

- From the book **The resilient pastor**, Glenn Packiam

**“constellation of support” pastors need**

1. a true friend (who is not a member of their church or family)
2. a peer (who pastors another church)
3. a sage (a mentor or older, experienced friend)
4. a healer (doctor or mental-health professional)
5. a king (someone who speaks plainly, is not afraid to say no, and holds the pastor accountable).